FRAME
WEALTH PARTNERS

# THE RETIREMENT INCOME PLAYBOOK:

## TURNING SAVINGS INTO A PAYCHECK FOR LIFE

Saving for retirement is one thing — turning those savings into reliable income is another. Many retirees underestimate how complex this phase can be. This guide helps you build a strategy with the goal of ensuring your money lasts as long as you do — while seeking to minimize taxes, volatility, and stress.

Retirement is no longer about a pension and a gold watch — it's a dynamic, decades-long phase that requires smart income strategies, tax planning, and ongoing flexibility.
In the following pages, we'll walk through 8 costly income blunders — and how to avoid them using Frame Wealth Partners' time-tested approach.

## 1 Blunder #1 : Not Having a Withdrawal Strategy

Why it happens: Retirees enter retirement with savings but no plan for how to spend it.

Reality: Without structure, you may run out of money or pay unnecessary taxes.

Example: A retiree withdraws evenly from all accounts, pushing into a higher tax bracket.

Frame's Insight: We layer withdrawals across taxable, tax-deferred, and tax-free accounts to stretch savings and manage taxes.

💡 Let's create your personalized retirement paycheck plan.

## 2 Blunder #2: Claiming Social Security at the Wrong Time

Why it happens: People claim early out of fear that benefits will run out.

Reality: Claiming early can permanently reduce lifetime income by up to 30%. Strategic delays often increase overall income, especially for couples.

Hypothetical Example: A couple claimed early and forfeited nearly $250,000 in cumulative lifetime benefits.

Frame's Insight: We analyze hundreds of claiming combinations to find the one that maximizes household income.

💡 Curious about your optimal claiming age? Let's run the numbers together.

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## Blunder #3: Ignoring Taxes on Retirement Income

Why it happens: Many retirees assume that once the paychecks stop, the taxes do too. But most sources of retirement income — like traditional IRA withdrawals, pensions, and even portions of Social Security — are still taxable. Without careful coordination, retirees end up paying far more to the IRS than necessary.

Reality: Retirement income is a tax puzzle. Withdraw too much from tax-deferred accounts, and you risk higher tax brackets, Medicare premium surcharges, and even taxation of Social Security benefits. Withdraw too little, and you could face Required Minimum Distribution (RMD) penalties later.

Hypothetical Example: Consider a retiree with $1.5 million in a traditional IRA who takes large withdrawals to pay for home renovations. Those withdrawals bump them into a higher tax bracket, increase Medicare premiums, and cause 85% of their Social Security benefits to become taxable. A coordinated plan could have avoided all three.

Frame's Insight: We design tax-efficient withdrawal strategies that blend distributions from taxable, tax-deferred, and tax-free accounts. By coordinating with your CPA and adjusting annually, we help you keep more of what you've saved.
💡 Let's build a tax-efficient retirement income plan that keeps more in your pocket and less in Uncle Sam's.

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## Blunder #4: Taking Too Much Risk- or Too Little

Why it happens: Retirees fear losing money, so they go ultra-conservative. Others chase returns, forgetting their time horizon.

Reality: Being too safe risks falling behind inflation; being too aggressive risks losses you can't recover from.

Hypothetical Example: A retiree shifted entirely into bonds, earning less than inflation, forcing early withdrawals that eroded principal.

Frame's Insight: We design balanced portfolios that seek to generate income, manage volatility, and preserve purchasing power.
💡 Let's test if your portfolio matches your income needs and risk comfort.

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## Blunder #5: Forgetting About Inflation

Why it happens: Inflation feels invisible in the short term but devastating over decades.

Reality: At 3% inflation, your income needs double roughly every 24 years. Without growth assets, your standard of living shrinks.

Hypothetical Example: A retiree on a fixed $80K annual income sees purchasing power fall to $40K after 25 years.

Frame's Insight: We include inflation-hedging investments and periodic "pay raises" to maintain your lifestyle through retirement.
💡 Let's make sure your income plan keeps pace with inflation.

## 6 Blunder #6 Neglecting Healthcare & Long-Term Care Costs

Why it happens: Many assume Medicare covers everything.

Reality: Out-of-pocket healthcare costs average over $300,000 per couple, excluding long-term care.

Hypothetical Example: A retiree who didn’t budget for long-term care had to liquidate investments at market lows to cover nursing costs.

Frame’s Insight: We integrate healthcare, insurance, and long-term care planning into your retirement income strategy.
💡 Let’s build a healthcare cushion into your retirement plan.

## 7 Blunder #7: Forgetting About Required Minimum Distributions (RMDs)

Why it happens: Retirees either forget about them or don’t understand how they’re taxed.

Reality: Missing RMDs can result in penalties up to 25%. Taking them the wrong way can push you into higher tax brackets.

Hypothetical Example: A retiree delayed withdrawals and had to take a massive RMD at 73, triggering a $20K tax bill.

Frame’s Insight: We automate RMD planning and coordinate Roth conversions to manage taxes strategically.
💡 Let’s schedule your RMD strategy session.

## 8 Blunder #8: Not Planning for Longevity

Why it happens: Many retirees underestimate how long they’ll live.

Reality: A 65-year-old couple has a 50% chance that one partner lives past 90. Without planning, you may outlive your money.

Hypothetical Example: A retiree expected their portfolio to last 25 years; they lived 32, leaving little for their spouse.

Frame’s Insight: We stress-test retirement plans for longevity, market volatility, and unexpected expenses — building confidence that your income will last.
💡 Let’s test your plan for longevity risk.

## Key Takeaways

- Withdraw strategically, not randomly.
- Time your Social Security for maximum benefit.
- Taxes don't retire — plan for them.
- Balance risk and reward for stability and growth.
- Plan for inflation, healthcare, and longevity.
- Know your RMD obligations.
- Make your savings last as long as you do.
- Work with a team that specializes in retirement income planning.

### About Frame Wealth Partners

At Frame Wealth Partners, we help entrepreneurs, business owners, and families:

- Build tax-efficient investment strategies.
- Create retirement income they won't outlive.
- Protect their wealth across generations.

You've worked hard to build your wealth. Let us help you preserve it — and grow it — with confidence.

## Book Your Complimentary Consultation Here



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